

 *An initiative by* Sudha Gupta



IMAGINE

A CHILD

Whose biggest strength is emotional balance.

Who turns negatives into positives.

Who believes in self-belief.

Who sees problems and makes them into opportunities.

Who is valued by people, because she or he values them.

Who listens in order to be heard by the world.

Who sees creativity in everything that's life.

Who is not afraid to take actions.

Who is kind to the humankind.

Whose leadership creates leaders.



And to make it happen ►

*The Guru is here for
your child to live a*

**HAPPY,
SUCCESSFUL &
POWERFUL** *life.*

emo
tions



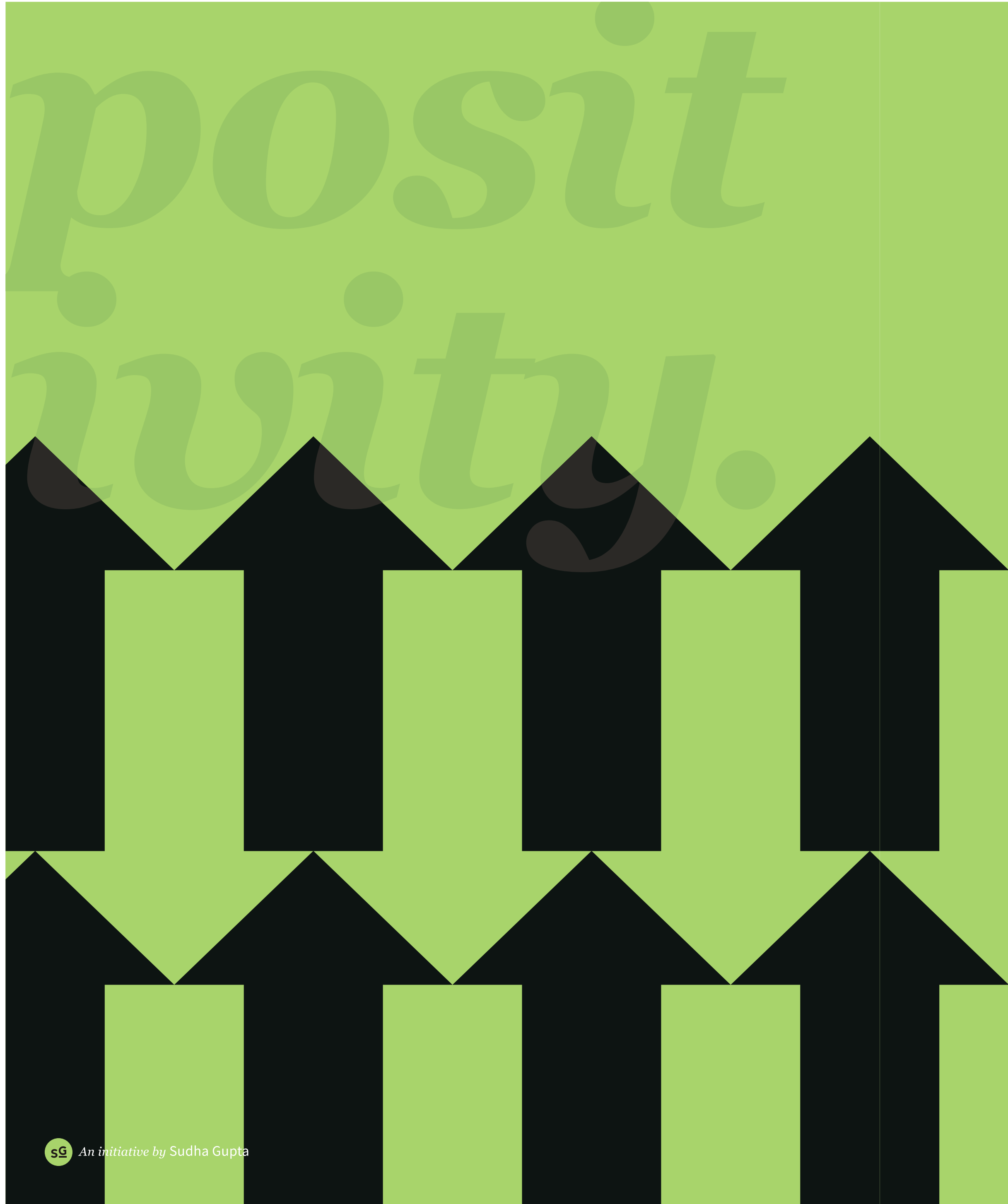
1 EMOTIONAL STRENGTH *for* LIFE

**BEYOND TROPHIES,
TOP GRADES, AND SKILLS,
TRUE EXCELLENCE COMES
FROM EMOTIONAL *strength*.**

EMOTIONAL STRENGTH

The real ability to manage one's emotions and thoughts in difficult situations comes from the balance of heart and mind.

It's how you turn a negative situation into a positive one.



2 POSITIVITY *for* LIFE

I FAILED AGAIN.
OR I WILL *try* AGAIN.
HOW YOU THINK IS
HOW YOU GROW IN LIFE.

POSITIVE ATTITUDE

There are the ones who focus on the negative, and the others who are positive in spite of the negatives surrounding them. Being positive is something that opens a world of possibilities for them and helps them lead a happier life, for life.

3 SELF-BELIEF *for* LIFE

THE DAY YOU BELIEVE
YOU ARE MADE FOR
greatness IS THE DAY
YOU BEGIN THAT PATH.

SELF-BELIEF

It's not what you think
you are capable of that
matters. It's what you
believe you can do.
And the rest is success.

4 PROBLEM SOLVING *for* LIFE

**WHEN PROBLEMS
ARISE, *give* PROBLEMS
A FEW PROBLEMS.**

PROBLEM SOLVING

To accept challenges and problems
is the first step to overcome them.

The moment you do it, you gain
control over the problems more
than they control you.



5 RELATIONSHIPS *for* LIFE

**THE RELATIONSHIPS
THAT YOU BUILD,
BUILD YOUR *life*.**

POWER OF RELATIONSHIPS

One, alone, can never reach the insurmountable. It's always the people in our life who make it happen. Therefore, it's most important to build relationships to achieve what we dream of.

6 COMMUNICATION *for* LIFE

TO COMMUNICATE,
IT'S NOT ONLY
IMPORTANT TO SAY,
BUT TO *listen* AS WELL.

COMMUNICATION

For us to touch, move
and inspire others, we must
listen to them intentionally.
Because, when you listen, that's
when you say what matters.

creat
ivity.

Z CREATIVITY *for* LIFE

**WITHIN YOU, IF YOU ARE
out of the box, ONLY THEN
ARE YOU CREATIVE.**

CREATIVITY

It's not just about writing, painting,
music, or dance; it's about being
creative in everything. Because,
more than doing different things,
it's about doing things differently.

humanity.

8 HUMANITY *for* LIFE

**YOUR *journey* IN
LIFE CAN OFTEN LIGHT
SOMEONE’S PATH.**

**SOCIAL AWARENESS
& RESPONSIBILITY**

What we do for us paves
the way for us alone.
What we do for others paves
the way for humanity.



9 COURAGE *for* LIFE

HAVING FEAR
BUT STILL
TAKING *action*
IS COURAGE.

COURAGE

Who says that a person
who gets afraid is not
courageous? The one
who is not ready to face
it and take action is not.

10 MANAGEMENT SKILLS *for* LIFE

MANAGING YOURSELF
+ MANAGING OTHERS
= *leadership.*

MANAGEMENT SKILLS

Leadership always comes with a price — the price leaders pay for others, and vice versa. It's only as you begin managing people that you truly understand their value, and, in return, they recognize how valuable you are to them.

IF YOU CAN SEE
THE BIGGER
PICTURE IN LIFE,
YOU ARE THE *hero*.

BEYOND LIFE SKILLS

In life's grand story,
being a hero is about seeing
the bigger picture. Embrace
the wide view, and you'll
discover your own inspiring
journey in every chapter.

WHAT'S THE REAL PURPOSE OF EDUCATION?

Is it just about securing good grades,
OR LEARNING TO RISE AGAIN WHEN YOU DON'T ACHIEVE THEM?

Is it just about pursuing a good career,
OR MOVING AHEAD EVEN WHEN THE ODDS ARE AGAINST YOU?

Is it just about never facing a problem,
OR FACING EVERY PROBLEM WITH A SMILE?

Is it just about being a sharp mind,
OR ALSO HAVING PEACE OF MIND?

Is it just about being successful,
OR ALSO CONTRIBUTING TO SOMEONE ELSE'S LIFE?

I BELIEVE THAT THE REAL PURPOSE OF EDUCATION IS
TO MAKE CHILDREN LEARN LIFE SKILLS THAT EQUIP THEM
TO OVERCOME EVERY OBSTACLE AND LIVE A GREAT LIFE.

IT'S NOT JUST ABOUT
TEACHING *subjects*.
IT'S ABOUT TEACHING *life*.



SUDHA GUPTA, *The Guru*

BIG DREAMS *collaboration* • • • • **INDEPENDENCE**
COMMUNICATION *resilience* **HUMANITY** *discipline*
goal setting **COURAGE** • • • • *compassion* **INTEGRITY**
self-control **INTERPERSONAL SKILLS** *positivity*
CONFIDENCE *problem solving* **SELF-EXPRESSION**
LEADERSHIP *curiosity* **RESPONSIBILITY** *self-esteem*
RISK TAKING *taking initiative* **DECISION MAKING**
• • • • • **EMPATHY** *emotional strength* **SELF-BELIEF**
DETERMINATION *gratitude* **STRESS MANAGEMENT**
critical thinking **TIME MANAGEMENT** *self-confidence*